

TAPA

+ DRAUGHT BEER
OR GLASS OF WINE

4.50 €

VRUTA DE LA TAPA

LA MANGA CLUB FROM MAY, 15 TO 24

WITH **THE BEST ORGANIC PRODUCE**
FROM CARTAGENA & REGION OF MURCIA



+ INFO ON
OUR WEB



GET YOUR
RUTERO
STAMPED AT
EACH VENUE
& **SUBMIT**
YOUR VOTE

ORGANIZER
Love™

LA MANGA CLUB
BUSINESS ASSOCIATION

SPONSORS



Ayuntamiento
Cartagena



Montemares Golf
LUXURY VILLAS & APARTMENTS
La Manga Club



HENIAM
& Associates

REAL ESTATES
Prestige
Sales & Management



La Quinta
AT LA MANGA CLUB
PREMIER · VACATION · EXPERIENCE



LA MANGA LIFE
THE LIFESTYLE MAGAZINE OF SWIRE'S 5 STAR LA MANGA CLUB RESORT

PHYSIO ACTIVE



PACIFIC DELIGHT

YUCCA, TUNA, PICKLED RED ONION, FISH FUMET,
AVOCADO, CILANTRO, LIME & CRISPY PLANTAIN



100%
GLUTEN-FREE
TAPA

OPENING HOURS FOR THE TAPAS ROUTE

Wednesday to Friday 18:30 to 22:00 hs
Saturday 12:00 to 22:00 hs & Sunday 12:00
to 17:00 hs | **Closed** Monday & Tuesday



THE PANTRY OF MURCIA

MURCIA'S TRADITIONAL FOOD DELICIAS

la terraza
The Racquets Club



ALLERGENS

OPENING HOURS FOR THE TAPAS ROUTE
Sunday to Friday from 13:00
to 15:00 hs | **Closed** on Saturday



CHICKEN MASSAMAN ON BASKET

WITH ORGANIC ZUCCHIOLO & RED PEPPER



OPENING HOURS FOR THE TAPAS ROUTE
Tuesday to Saturday from 18:00 to
19:30 hs | **Closed** Sunday & Monday



PRAWN BISQUE MEXICAN - STYLE

WITH CORN, CHIPOTLE, SAFFRON & CILANTRO OIL

WE HAVE A
GLUTEN-FREE
OPTION



ALLERGENS



OPENING HOURS FOR THE TAPAS ROUTE
Tuesday to Sunday from 19:00
to 21:00 hs | **Closed** on Monday



TAPA
GLUTEN
FREE

THE AQUARIUM PEARL

SALMON ROLL WITH A SEAFOOD HEART,
A TOUCH OF THE SEA & CHIVE GREEN SAUCE



OPENING HOURS FOR THE TAPAS ROUTE

Thursday to Tuesday from 13:00 to
23:00 hs | **Closed** on Wednesday



DUCK & HOKKAIDO WONTONS

STUFFED WITH ORGANIC VEGETABLES & DUCK CONFIT,
DRESSED WITH PORT WINE SAUCE & FLOWERS



OPENING HOURS FOR THE TAPAS ROUTE

Tuesday to Sunday from 16:00
to 20:30 hs | **Closed** on Monday



MY WAY

POTATO PARMENTIER, CREAMY BOLETUS, CRISPY
CHATO MURCIANO & CRISPY SWEET POTATO



100%
GLUTEN-FREE
TAPA

WE HAVE
VEGAN TAPA
OPTION

OPENING HOURS FOR THE TAPAS ROUTE

Sunday to Friday from 12:00 to
16:00 hs | **Closed** on Saturday



BROCCOLI PAKORA

ORGANIC BROCCOLI FRIED IN PAKORA STYLE
WITH INDIAN HERBS & SPICES

The Curry Gardens



Authentic indian cuisine

-La Manga Club-

100%
GLUTEN-FREE
TAPA

VEGGIE
& VEGAN
TAPA

OPENING HOURS FOR THE TAPAS ROUTE
Tuesday to Sunday from 18:30 to
21:00 hs | **Closed** on Mondays



100%
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TAPA

PRAWN TARTARE & FURIKAKE BRIOCHE WITH CRYSTAL PRAWNS

LA SOLANA

BAR & RESTAURANT



ALLERGENS

OPENING HOURS FOR THE TAPAS ROUTE

Monday to Sunday
from 12:30 to 16:00 hs



PRAWNS CARPACIO

WITH SALMON PEARLS & CRISPY LEEKS



ALLERGENS

OPENING HOURS FOR THE TAPAS ROUTE

Wednesday to Sunday
from 14:00 to 21:00 hs

Closed Monday & Tuesday



SALMON TERRINE

WITH ROASTED SWEET POTATO IN A SESAME CRUST,
WITH MUSSEL, FENNEL SAUCE & CROUTON

WE HAVE A
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OPTION



ALLERGENS

EL BISTRO

AT LA MANGA CLUB SINCE 1988

OPENING HOURS FOR THE TAPAS ROUTE

Monday 19:00 to 21:00 hs. Tuesday
to Saturday 11:00 to 14:30 & 19:00
to 21:00 hs. **Closed** on Sunday



CARTHAGONOVA PORK CHEEK

WITH POTATO FOAM & GARDEN PICKLES

GRAND | HYATT

THE LAST GREEN
SPORTS COCKTAIL BAR

OPENING HOURS FOR THE TAPAS ROUTE

Sun 17TH, Mon 18TH, Tue 19TH, Wed
20TH, Thurs 21ST from 19:00 to 21:00
hs. **Closed** Friday & Saturday





MAC & CHEESE FLUTE - STYLE

WITH PANKO TOPPING & MAPLE BACON



OPENING HOURS FOR THE TAPAS ROUTE
Sat 16TH, Tues 19th, Wed 20TH, Thurs
21ST & Sat 23TH from 17:30 to 21:00
hs | **Closed** Sun, Mon & Friday



ROASTED POINTED CABBAGE

TOASTED SESAME & GARUM SAUCE WITH CHILLI
CHEESE, HAZELNUTS, ZHOUG & SMOKED EVOO

GIM
LEI



OPENING HOURS FOR THE TAPAS ROUTE

Wednesday to Sunday from
12:00 to 16:00 hs | **Closed** on
Monday & Tuesday



GARDEN CROQUETTE

CRISPY AUBERGINE & RED PEPPER CROQUETTE

La Barra



CAFÉ • BAR • TAPAS



ALLERGENS

OPENING HOURS FOR THE TAPAS ROUTE

Tuesday from 12:45 to 15:45 hs
Monday & Wednesday to Sunday
from 12:45 to 19:30 hs



BAO WITH CHICKEN

PINK RED CABBAGE SALAD & KOREAN CHILI

THE LAST DROP

FOOD | SPORT | MUSIC | DANCING



OPENING HOURS FOR THE TAPAS ROUTE

Monday to Sunday from 12:00
to 22:00 hs



ORGANIC RED PEPPER

ROASTED & STUFFED WITH
SEMI-DRIED TOMATO PÂTÉ

OUR
VEGAN
TAPA

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ALLERGENS

**EL
BISTRO**

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MORE INFO
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- **GRAND HYATT**
THE LAST GREEN
- **LAS LOMAS**
LEÑA & KARBÓN
- **LAS SABINAS**
FLUTE BAR
LA BARRA
- **LA PLAZA**
THE LAST DROP
PAIMANS
- **RACQUETS CLUB**
LA TERRAZA
- **LA QUINTA CLUB**
LA SOLANA
- **NACHO PAPI**
OPPOSITE THE PETROL STATION
- **BELLALUZ**
EL BISTRO
GIMLET
THE SCOTSMAN
- **LOS MOLINOS**
LOS MOLINOS POOL BAR
- **ATAMARÍA**
AQUARIUM
THE CURRY GARDENS
- **CRA. PORTMÁN**
LA RUSTICANA